

Abbey Together Pregnancy and Birth Classes

Partners/birth partners welcome

**FREE
Classes**



Lead by an experienced local Doula
Becky Talbot-BAM4CHANGE

Preparing for your birth and baby

Make new friends

How does labour work

Where to birth my baby

Birth partners and how they can support you

Water birth

Getting to know your new-born, sleep, feeding
and bonding.

Meet other local families

4 sessions from Wednesday 17th April from 6:30-8:30

Booking now!

Abbey people Hub

15 Barnwell Road,

CB5 8RG

For booking contact Suzie on
07809 727222

Email: Manager@khfsp.org.uk



Funded by: