



**The Fields Nursery School
Autumn/ Winter Menu
2020-2021**



Week 1	Lunch and Dessert
Monday	Spaghetti Bolognese with broccoli Apple and raspberry muffins
Tuesday	Jacket potato with cheese, beans and salad Pears with warm chocolate sauce
Wednesday	Pork and apple meatballs with potatoes, carrots and broccoli Fresh fruit
Thursday	Red pepper and bacon pasta bake with mixed veg Cornflake tart
Friday	Fish crumble with potatoes, peas and sweetcorn Jelly and ice cream

Week 2	Lunch and Dessert
Monday	Sausage, chips and beans Homemade sprinkle cake with pink custard
Tuesday	Roast chicken, baby roast potatoes, broccoli and carrots Cheesecake
Wednesday	Homemade vegetable lasagne with salad Choc ice
Thursday	Tuna puff with potatoes, carrots and sweetcorn Fresh fruit
Friday	Jacket potatoes with chilli Chewy white chocolate cookies



The Fields Children's Centre
Autumn/ Winter Menu
2020-2021



Week 3	Lunch and Dessert
Monday	BBQ pork with couscous and broccoli Oaty rhubarb and orange crumble with custard
Tuesday	Homemade cheese and tomato pizza, new potatoes and beans Peaches and ice cream
Wednesday	Tuna pasta bake with carrots and sweetcorn Fresh fruit
Thursday	Chicken enchiladas with salad Fudge tart
Friday	Homemade meatballs in tomato sauce with rice and peas Rice krispie cakes

Week 4	Lunch and Dessert
Monday	Baked beans, cheese and potato pie with broccoli and sweetcorn Homemade shortbread and milk
Tuesday	Salmon and smoked haddock pasta bake, carrots and peas Fresh fruit
Wednesday	Cottage pie with cabbage and carrots Choc chip muffins
Thursday	Vegetable curry with rice and naan bread Fruit sponge flan with cream
Friday	Lamb crumble, baby roast potatoes and farmhouse veg Baked apple sponge and custard

